fall 2014 CONNECTION

A publication of SSD's Parent Education and Diversity Awareness Program

IEP Process Improvement Survey

At the end of your child's IEP meeting this school year you will be asked to take a few minutes to complete a short, online, confidential survey, conducted by K12 Insight, an independent research firm, for SSD.

Your responses will be used to improve the Individualized Education Program (IEP) meeting process countywide and will not be shared with your child's IEP team.

You may ask to use a school computer to complete the survey if you wish.

Thank you for helping us improve!

QUESTIONS?

Contact SSD's Parent Education and Diversity Awareness Program: 314.989.8460 ssdpeda@ssdmo.org



Parent Workshops – New Locations & Options!

Be sure to notice that several SSD parent workshops will be held at locations other than SSD Central Office.



Look for the symbol to the left throughout the newsletter. With this outreach, we have trained more than 400 additional parents during the 2013-2014 year and will continue to try to bring great programs closer to you!

The symbol to the right indicates workshops available for participation online.



MICHELLE LEVI PEREZ, ADMINISTRATOR 314.989.8438 | mleviperez@ssdmo.org

West Region: Parkway, Pattonville, Ritenour, Rockwood, Litzsinger and Neuwoehner schools, JDC, Lakeside

LATRISA MORGAN, M.A., ADMINISTRATOR 314.989.8194 | lamorgan@ssdmo.org

North and Central Regions: Ferguson-Florissant, Hazelwood, Jennings, Normandy, Riverview Gardens, University City, Northview and Ackerman schools, North Technical High School

JOANN NOLL, M.Ed., ADMINISTRATOR 314.989.8108 | jnoll@ssdmo.org

South and Central Regions: Affton, Bayless, Brentwood, Clayton, Hancock Place, Kirkwood, Ladue, Lindbergh, Maplewood-Richmond Heights, Mehlville, Webster Groves, Valley Park, Southview School, South Technical High School, Vocational Skills Program

RACHEL MYERS - 314.989.8431 | rdmyers@ssdmo.org Family & Community Resource Center

SARAH GEER - smgeer@ssdmo.org Program Assistant



From left to right: Sarah Geer, Michelle Levi Perez, Rachel Myers, Joann Noll, LaTrisa Morgan

• Free lending library

your child's IEP

• Help in finding community resources and supports

• Free parent workshops

• Ability awareness resources

SSD MISSION: In collaboration with partner districts, we provide technical eduction and a wide variety of individualized educational and support services designed for each student's successful contribution to our community.

SSD VISION: Partners for every student's success

SSD CORE VALUES:

Student Success • Collaboration Integrity • Stewardship • **Continuous Improvement • Equity**

Special School District Notice

of NonDiscrimination and Accommodation: Special School District does not discriminate or tolerate discrimination based on race, color, religion, sex, national origin, sexual orientation, ancestry, disability, veteran status, age, or activity protected by federal or state law in its programs, activities and employment. Direct inquires and complaints under this policy to Special School District's Compliance Coordinator, 12110 Clayton Road, St. Louis, Missouri 63131; telephone 314.989.8100 or to the Office of Civil Rights, 8930 Ward Parkway, Suite 2037, Kansas City, Mo. 64114-3302; telephone 816.268.0550. Information about the existence and location of services, activities, and facilities accessible to impaired persons can be obtained from Special School District's Compliance Coordinator at the phone number and address listed above.



WE PROVIDE: • Advice and consultation about

North County Parent Outreach Mentors

Are you the parent of a child with a disability who lives in North County? Do you ever feel lonely, isolated or unsure of how to make your child's life better? Would talking to another parent "who's been there" help?



For more information, contact

LaTrisa Morgan at lamorgan@ssdmo.org or 314.989.8194.

Inclusive Schools Week is Dec. 1-5

Inclusive Schools Week is an annual event sponsored by the Inclusive Schools Network. It provides an opportunity for educators, students and parents to discuss what else needs to be done to ensure that their schools continue to improve their ability to successfully education all children, including students are who marginalized due to disability, gender, socio-economic status, cultural heritage, language preference or other factors.

We encourage you to take the lead in coordinating Inclusive Schools Week in your school, school district or community.

For resources, go to **http://inclusiveschools.org/inclusive-schools-week** or call our resource center at 314.989.8460.

FRED SAIGH PARENT LEADERSHIP INSTITUTE

We welcome a new group of parents who are participating in the Parent Leadership Institute this fall. Consider applying for this life-changing experience for the 2015 school year. You will experience:

- National speakers who will help you develop a vision for your child's future and provide support to pursue inclusive environments for your child.
- Strategies to make your child's school community a better place for all children.

For more information, contact LaTrisa Morgan at lamorgan@ssdmo.org or 314.989.8194.

Parent Workshop Information

Parent workshops are provided free of charge. Unless otherwise noted with this symbol all workshops are held on the lower level at SSD Central Administrative Office, 12110 Clayton Road, Town & Country (just east of Ballas Road, next to Neuwoehner School). **Childcare is not provided unless noted.**

Register by calling 314.989.7807 or 711 (Deaf/HOH), or register online at www. solutionwhere.com/ssd (call the registration number for assistance with setting up an account).

When you are on the SSD professional development site WisdomWhere, view the calendar of courses that includes workshops on technology, literacy and more.

Please be sure to register for workshops as they are sometimes canceled due to low enrollment or weather conditions – we need to be able to contact you!

If you need more information, or if you have special needs and require an alternative format as addressed by the Americans with Disabilities Act, call Joann Noll, Administrator, Parent Education, 314.989.8108 or 711 (Deaf/HOH).

Note: Workshops presented by MPACT refers to Missouri's statewide Parent Training and Information Center that serves all disabilities and all ages.

Register by phone or online at: 314.989.7807 (or 711, Deaf/HOH) www.solutionwhere.com/ssd



FALL 2014 SSD PARENT WORKSHOPS

SEPTEMBER

SSD Parent Advisory Council Meeting

Wednesday, Sept. 10, 7-9 p.m. SSD Central Office, Board Room

This meeting is open to all parents. The SSD Parent Advisory Council (PAC) is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD.

Positive Behavior Interventions

Wednesday, Sept. 17, 6-8 p.m. Presenter: MPACT staff SSD Central Office, Room 61

Participants will be taught to think about problem behavior as a form of communication and will learn the importance of a functional behavioral assessment, how to reinforce positive behavior and how to develop a positive behavior support plan.

OCTOBER

SSD Technical High Schools: Is This a Good Fit for Your Son or Daughter?

Wednesday, Oct. 1, 6:30-8 p.m. Presenters: Rosina Palmer & Elizabeth Hinn SSD Central Office, Room 60

You don't have to wait until high school to begin thinking about this option! If your child benefits from hands-on learning and has inclinations in fields as varied as construction trades, medical sciences, culinary arts, automotive, cosmetology, electronics, information technology, public safety and more, then you will want to hear from staff members at North and South Technical High Schools. Prerequisite skills for various programs, situational assessments to help determine a student's real interest and aptitude and admission requirements will be discussed. Most programs offer certification with stringent requirements, and can lead to further post-secondary education and successful careers.

Participate in the workshop above in person or from home through WebEx. Be sure to register for the online workshop. You will receive a link to the presentations.

Supports for Your Family in the Early Years – St. Louis Regional Office for Developmental Disabilities

Tuesday, Oct. 7, 6:30-8 p.m. Presenter: Kadesh Burnett Hazelwood Central Early Childhood Center 15955 New Halls Ferry Road Florissant, MO 63031

If your child has a qualifying developmental disability (such as intellectual disability, autism, cerebral palsy, traumatic brain injury, multiple disabilities, epilepsy, certain learning disabilities), learn how your support coordinator can make sure you have access to resources such as respite care, summer programs, and state, county and not-for-profit funding for essential services for your child. The support coordinator can help you plan for your child's future and provide support for your child's IEP meeting if needed. Onsite childcare will be provided.

Signs for Families and Friends – 6 sessions

Tuesdays, Oct. 7, 14, 21 & 28, Nov. 4 & 11, 6-7:30 p.m. Presenters: Greg Petersen & Mickey Schuchardt SSD Central Office, Room 61

Participants will demonstrate sign language vocabulary, sign sentence structure, conceptual accuracy, facial expressions, and body language. Focus is on families. Children 10 and older are welcome if accompanied/supervised by an adult.

Early Childhood Parent Training: Effective Practices for Challenging Behavior – 5-part workshop

Tuesdays, Oct. 7, 14, 21 & 28, Nov. 4, 6:30-9 p.m. Presenters: Peggy Cassani, Michele

Pitman, Melanie Fitzgerald & Megan Browne SSD Central Office, Room 60

Five-part workshop provides families of young children with challenging behavior, autism and PDD the strategies and best practices to develop rules/ routines, improve compliance, address sensory issues, self-help skills, play/social skills and develop visual supports to improve communication.

SSD Parent Advisory Council Meeting

Wednesday, Oct. 8, 7-9 p.m. SSD Central Office, Board Room

This meeting is open to all parents. The SSD Parent Advisory Council (PAC) is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD.

Autism-Asperger-PDD Resource Fair

Wednesday, Oct. 8, 4-7 p.m. SSD Central Office, Rooms 60-61 All In One Room!

Come find out what you need to know and network with other parents. Representatives from SSD include early childhood behavior facilitators, effective practice specialists for autism, assistive technology, augmentative communication and PBIS facilitators. ABA program representatives and Family & Community Resource Center. Also attending, Department of Mental Health-St. Louis Regional Office Autism Project, Recreation Council, Missouri Developmental Disabilities Resource Center, other agencies, support groups and resources. Registration is encouraged.

Success at Home and School for Students with ADHD

Thursday, Oct. 9, 6:30-8:30 p.m. Presenter: St. Louis Learning Disabilities Association SSD Central Office, Room 61

This workshop will provide families with strategies to support the education of their child with ADHD.

Orientation for Parents to Special Education & the IEP Process

Monday, Oct. 13, 6:30-8:30 p.m. Presenter: Michelle Levi Perez SSD Central Office, Room 60

This orientation is designed to provide an overview of special education services and how they are provided through SSD. Learn more about how to develop an effective individualized education program (IEP), educational rights and community resources/support.



Monday, Oct. 13, 6:30-8 p.m. Presenter: Christina Meneses, YWCA Keeven Elementary School Hazelwood School District 11230 Old Halls Ferry Road St. Louis, MO 63136

Families will receive information to assist them in teaching positive social skills, appropriate public/private behavior, appropriate sexual expression and skills to protect their family member against abuse. The facilitator will also have resources for discussing puberty, dating and other issues that are potentially sexual in nature. This workshop will be a combination of lecture and group discussion and is designed for anyone caring for a young person with a developmental disability. On-site childcare will be provided.

Autism Spectrum Disorder: A Personal Perspective

Wednesday, Oct. 15, 6:30-8 p.m. Presenter: Aaron Likens, Easter Seals Midwest SSD Central Office, Rooms 60-61



Aaron Likens is the Community Education Specialist for Easter Seals Midwest and the author of "Finding Kansas:

Living and Decoding Asperger's Syndrome." Aaron's passion is raising awareness of Autism Spectrum Disorders and helping the world understand how the mind of a person on the spectrum works. Students with Asperger syndrome and autism who are interested in this topic are encouraged to attend with their parents or access the training online.

Participate in the workshop above in person or from home through WebEx. Be sure to register for the online workshop. You will receive a link to the presentations.

Making Writing Easier for Kids Who Hate to Write

Thursday, Oct. 16, 6:30-8:30 p.m. Presenter: Mitzi Brammer SSD Central Office, Room 60

This session will offer families resources and ideas for assisting their children who are reluctant writers. Writers can be reluctant because of their skill level or lack of motivation to write. This engaging workshop will provide families with tools to use at home to address these concerns. This class will not address handwriting.

Transition Planning & the IEP: Through the Doorway to Adult Life

Monday, Oct. 20, 6:30-8:30 p.m. Presenters: Joann Noll & Michelle Levi Perez SSD Central Office, Room 60

Focus is on the steps families and students need to consider as they plan for the last years of school and the transition to adult life: personal futures planning; IEPs with transitional goals and action plans; resources for planning for post-secondary education, supported employment and living; working with the adult service system. Learn the basics of services provided through Regional Office, Vocational Rehabilitation and Social Security.

A Medical Perspective on Autism Spectrum Disorders

Wednesday, Oct. 22, 6:30-8:30 p.m. Presenter: Daniel Reising, M.D. SSD Central Office, Room 60

Dr. Reising, a pediatric psychiatrist and consultant to SSD, will present a medical perspective on the diagnosis and treatment of autism spectrum disorders.

Executive Functioning – Understanding Your Child's Difficulties with Organization, Time, Memory & Initiating Tasks

Thursday, Oct. 23, 6:30-8:30 p.m. Presenter: Karen Nahnsen SSD Central Office, Room 60

Families will receive tools for understanding executive functioning and helping their children build some of these skills at home.

Making Decisions About Guardianship

Monday, Oct. 27, 6:30-8:30 p.m. Presenter: Missouri Family-to-Family Resource Center, Jane St. John SSD Central Office, Room 61

If you are considering guardianship as your son or daughter turns 18, this family-centered training will give you an opportunity to learn about Missouri's guardianship options and alternatives. Tools will be provided to determine the supports and/or protection a person might need, and what alternatives or options might work best for your son or daughter.

Supports for Your Family in the Early Years – St. Louis Regional Office for Developmental Disabilities

Wednesday, Oct. 29, 6:30-8 p.m. Presenter: Kadesh Burnett SSD Central Office, Room 60 If your child has a developmental disability (intellectual disability, cerebral palsy, head injury, autism, epilepsy and certain learning disabilities), learn about how your support coordinator can make sure you have access to supports such as respite care, summer programs, and state, county and not-for-profit funding for essential services for your child. Your support coordinator can help you plan for your child's future and provide support for your child's IEP meeting if needed.

Understanding the IEP Process

Wednesday, Oct. 29, 6-8 p.m. Presenter: MPACT staff SSD Central Office, Room 61

Workshop offers an in-depth look at the evaluation process, qualifying for an IEP, the many components that must be addressed in the IEP document, and how progress will be monitored. Parents will gain a better understanding of their role as an equal participant in the IEP process.

Orientation for Parents to Special Education & the IEP Process

Wednesday, Oct. 29, 6:30-8 p.m. Presenter: LaTrisa Morgan Armstrong Elementary Hazelwood School District 6255 Howdershell Road Hazelwood, MO 63042

This orientation is designed to provide an overview of special education services and how they are provided through SSD. Learn more about how to develop an effective individualized education program (IEP), educational rights and community resources/support. On-site childcare will be provided.

NOVEMBER

Access for Success – Making Inclusion Work!

Monday, Nov. 3, 6:30-9 p.m. Presenters: Pat VanDeRiet & Rachel Valenti SSD Central Office, Room 60

Learn how quality inclusive education provides better outcomes for students with disabilities. Create an action plan with steps you can take to help your school plan for more inclusive programming for your child.

Helping Children Develop Friendships & Social Skills

Wednesday, Nov. 5, 6-8:30 p.m. Presenters: Michelle Levi-Perez & Alicia Wilson SSD Central Office, Room 60

Workshop will offer strategies for parents to help children develop friendships, school strategies for building friendships through programs such as peer support and strategies that help children with language and learning differences, including autism, develop social skills.

Understanding Autism Spectrum Disorders (Autism, Asperger Syndrome, PDD) 2-part class with breakout sessions based on your child's intervention needs.

Thursdays, Nov. 6 & 1 3, 6:30-9 p.m. Presenters: John Bruno, Colleen Card, Melissa Duke & Moira Seyle SSD Central Office, Rooms 60-61

Identify and understand the characteristics of Autism Spectrum Disorders and learn effective, practical strategies through breakout sessions based on your child's intervention needs in areas such as communication, behavior, sensory needs, social skills development, pragmatic language, etc., that will support your child in being more successful at home and school. The second session will focus more on strategies, with time for discussion and questions.



Supports for Your Family in Your Child's **Transition to Adult Life** - St. Louis Regional Office for **Developmental Disabilities**

Thursday, Nov. 6, 6:30-8 p.m. Presenter: Kadesh Burnett Hazelwood East Middle School 1865 Dunn Road St. Louis, MO 63138

If your student has a qualifying developmental disability (such as intellectual disability, autism, cerebral palsy, traumatic brain injury, multiple disabilities, epilepsy, certain learning disabilities), your support coordinator can ease your family's transition from school to adult life and assist your child throughout his or her lifetime. You will learn about funding sources for teens and adults with disabilities that can include Medicaid, SSI (Supplemental Security Income), respite care, day programs, summer camp, Summer Work Experience Program (SWEP) for ages 16-20, reimbursement for afterschool care for ages 13-21, residential support and employment supports. Onsite childcare will be provided.

Planning for the Future: Dealing with My Greatest Fears – 3-part workshop

Mondays, Nov. 10, 17 & 24, 6:30-9 p.m. SSD Central Office, Room 60

Series is designed to provide information to students and their families about the transition process and issues that cause anxiety for parents when planning for the post-school years.

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- Session 1: Nov. 10 SSI, Estate **Planning & Guardianship** Presenters: Bhavik Patel, Attorney, & Lynn Carter, Midwest Special Needs Trust
- Session 2: Nov. 17 What Happens After Graduation

Presenters: Representatives of Vocational Rehabilitation, supported employment agencies, sheltered workshops, and continuing education

 Session 3: Nov. 24 – Supports for **Recreation**, Community **Participation & Community Living** Presenters: Representatives of St. Louis Regional Office, Recreation Council, post-school enrichment/day programs

Participate in the ONLINE **OPTION** workshop above in person or from home through WebEx. Be sure to register for the online workshop. You will receive a link to the presentations.

<u>Brain Gym – 2 part class</u>

Tuesdays, Nov. 11 & 18, 6-8 p.m. Presenter: Robin Ehrlich & Gail Velten SSD Central Office. Room 60

Brain Gym is a program of physical activities that enhance learning ability. The easy-to-do, patterned movements target brain function to promote optimal learning, communication, stress management and creativity, and can prepare children with the physical skills they need in order to learn to read, write and function effectively in the classroom. Workshop is for families, teachers and therapists. Resources will be provided.

SSD Parent Advisory Council Meeting

Wednesday, Nov. 12, 7-9 p.m. SSD Central Office, Board Room

This meeting is open to all parents. The

SSD Parent Advisory Council (PAC) is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD.

Transitioning to Middle School

Wednesday, Nov. 12, 6:30-8:30 p.m. Presenter: Michelle Levi Perez SSD Central Office, Room 61

Preparing for the transition to middle school can be just as nerve-wracking for the families as it is for the students! Come learn strategies and resources to use to prepare for this very important milestone.



Helping Children Develop Friendships & Social Skills

Tuesday, Nov. 18, 6:30-8:30 p.m. Presenter: LaTrisa Morgan Brown Elementary School Hazelwood School District 3325 Chickory Creek Lane Florissant, MO 63034

Workshop will offer strategies for parents to help children develop friendships, school strategies for building friendships through programs such as peer support and strategies that help children with language and learning differences, including autism, develop social skills. On-site childcare will be provided.

Bullying Prevention – What Parents Can Do

Wednesday, Nov. 19, 6-8 p.m. Presenter: MPACT staff SSD Central Office. Room 61

Participants will receive an overview of the dynamics of bullying, define bullying, types of bullying and who is bullied, and examine why children are bullied. Other topics include steps to intervene in bullying behavior, how

to encourage students who witness bullying to take action, the role of the school, laws and policies.

Behavior 101: Understanding Behavior and What to Do to Support Your Child's Positive Behavior Development

Thursday, Nov. 20, 6:30-8:30 p.m. Presenter: Jamie Grieshaber SSD Central Office, Room 60

Does your child have meltdowns over having to stop a preferred activity? Are meals, chores, bedtime or getting ready for school difficult times at your house? Learn some strategies to make your home more peaceful and new ways to understand your child's behavior at home and school.

DECEMBER

Sexuality Education: Talking with Your Child about Body Safety and Boundaries

Tuesday, Dec. 2, 6:30-8:30 p.m. Presenter: Christina Meneses, YWCA Education Supervisor – St. Louis Region Sexual Assault Center SSD Central Office, Room 61

Families will receive information to assist them in teaching positive social skills, appropriate public/private behavior, appropriate sexual expression and skills to protect their family member against abuse. The facilitator will also have resources for discussing puberty, dating and other issues that are potentially sexual in nature. This workshop will be a combination of lecture and group discussion. It is designed for anyone caring for a young person with a developmental disability.

Sexuality Education: Talking with Your Teen or Young Adult about Developing Healthy Relationships

Tuesday, Dec. 9, 6:30-8:30 p.m. Presenter: Christina Meneses, YWCA Education Supervisor – St. Louis Region Sexual Assault Center SSD Central Office, Room 61

Developing healthy relationships and discussing sexuality based on your family's values will be addressed. Families will receive information to assist them in teaching positive social skills, appropriate public/private behavior, appropriate sexual expression and skills to protect their family member against abuse. This workshop will be a combination of lecture and group discussion. It is designed for anyone caring for or guiding a teen or adult with a developmental disability.

SSD Parent Advisory Council Meeting Wednesday, Dec. 10, 7-9 p.m.

SSD Central Office, Board Room

This meeting is open to all parents. The SSD Parent Advisory Council (PAC) is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD.

Special Education Law

Wednesday, Dec. 17, 6-8 p.m. Presenter: MPACT staff SSD Central Office, Room 61

Training provides an overview of the Individuals with Disabilities Education Act, Section 504 of the Rehabilitation Act, the Family Educational Rights and Privacy Act, the Americans with Disabilities Act and the Safe Schools Act.

JANUARY

SSD Parent Advisory Council Meeting

Wednesday, Jan. 14, 7-9 p.m. SSD Central Office, Board Room

This meeting is open to all parents. The SSD Parent Advisory Council (PAC) is comprised of families advising and collaborating to improve the education, confidence and social outcomes of each student served by SSD.

College Preparation for Students with Disabilities

Tuesday, Jan. 27, 6:30-9 p.m. Presenters: Fran Kepler & Terri Schnitzer SSD Central Office, Room 60

For families, students, high school counselors and SSD teachers. Workshop addresses college and other post-secondary options primarily for students with learning disabilities, attention deficit disorder or other mild disabilities. Information will be presented about the planning and research process, services available, ACT/SAT testing accommodations and more.

SSD FAMILY & COMMUNITY RESOURCE CENTER

Call **314.989.8460** or email rdmyers@ssdmo.org to have books, videos and DVDs sent home through school mail (via your child's backpack). We need your name, address, phone number, email address, child's name, teacher and school.

Go to **www.ssdmo.org/cool_tools/fcrc.html** and click on "view the online library of materials" to search by title, author or subject, or go to **www.ssdmo.org/cool_tools/fcrc_books.html** to browse the lists of materials by topic. (Material cannot be ordered through the online library. Please email us.)

New Books

I Wish I Knew Then What I Know Now: Wisdom and Advice from Parents of Children with Disabilities. Pacer Center. (2012) Parents of children with disabilities share what they have learned while navigating health care, education, and social support systems and what they would do differently if they did it all again.

My Autism Book. A Child's Guide to their Autism Spectrum Diagnosis. Gloria Dura-Vila & Tamar Levi. (2014) Ages 5 and up. Illustrated picture book that helps parents to explain an autism diagnosis to their child in a sensitive, positive and accurate way.

The Everything Parent's Guide to Children with Executive Functioning Disorder: Strategies to Help Your Child Achieve the Time-Management Skills, Focus, and Organization Needed to Succeed in School and Life. Rebecca Branstetter. (2014)

Hands-on guide to learning what Executive Functioning difficulties look



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like and how you can help your child overcome these challenges.

The Survival Guide for Kids with Behavior Challenges: How to Make Good Choices and Stay Out of Trouble. Tom McIntyre. (2013)

Provides up-to-date information, practical strategies, and sound advice to help kids learn to make smarter choices, make and keep friends, get along with teachers, take responsibility for their actions, work toward positive change, and enjoy the results of their better behavior.

Little Volcanoes: Helping Young Children and Their Parents to Deal with Anger. Warwick Pudney and Eliane Whitehouse. (2012) Advice and strategies for those working with children under 5 on how to understand and manage anger in children, and also how to help their parents or caregivers to deal with anger.

Raising Kids with Sensory Processing Disorders: A Week-by-Week Guide to Solving Everyday Sensory Issues. Rondalyn V Whitney & Varleisha D Gibbs. (2014) Offers a compilation of unique, proven strategies parents can implement to help their children move beyond their sensory needs and increase their performance on tasks like homework, field trips, transitions between activities, bedtime, holidays, and interactions with friends.

The Boy's Body Book: Everything You Need to Know for Growing Up You. Kelli Dunham. (2013) Ages 10 and up. Expert advice, common sense tips, fast facts, and answers to all questions a boy might have.

101 Ways to Make Friends: Ideas and Conversation Starters for People with Disabilities and their Supporters. Aaron Johnannes & Susan Stanfield. (2011) Using plain language and simple graphics, the book is a collection of ideas collected from people with disabilities, their friends, families, neighbors and networks.

New DVDs

Meet the New You: For Girls. (Video, 18 minutes) Adolescents. Introduction to puberty includes new music and a fresh, new take on the changes coming soon for girls.

Wretches & Jabberers.

(Video, 94 minutes, 2010) Two men with autism embark on a global quest to change prevailing attitudes about disability and intelligence.